

Calostyle CD3 Tablet

Calcium Carbonate 1250mg + Vitamin D3 250 IU Tablet

This combination of Calcium Carbonate and Vitamin D3 is designed to support bone health, improve calcium absorption, and prevent or treat calcium and vitamin D deficiencies. It is commonly used for the management of osteoporosis, osteomalacia, and related conditions.

Composition (per tablet):

- **Calcium Carbonate 1250mg:** Provides elemental calcium to support bone strength and density.
- **Vitamin D3 (Cholecalciferol) 250 IU:** Enhances calcium absorption from the gut and maintains healthy levels of calcium and phosphorus in the blood.

Uses:

1. **Bone Health:**
 - Supports bone mineral density and reduces the risk of fractures.
2. **Osteoporosis Prevention and Management:**
 - Helps prevent bone loss in postmenopausal women, elderly patients, or individuals on prolonged corticosteroid therapy.
3. **Calcium Deficiency:**
 - Treats hypocalcemia and associated conditions such as muscle spasms or tetany.

4. Vitamin D Deficiency:

- Helps maintain adequate vitamin D levels to support overall calcium metabolism.

5. Pregnancy and Lactation:

- Provides additional calcium and vitamin D to support maternal and fetal bone health.

Dosage & Administration:

- **Adults:** 1 tablet once or twice daily, preferably with meals, or as directed by a healthcare provider.
- **Children (if recommended):** Dose as directed by a pediatrician.

Mechanism of Action:

- **Calcium Carbonate:** Supplies elemental calcium essential for bone formation and maintenance.
- **Vitamin D3:** Facilitates active calcium and phosphorus absorption from the intestines, ensuring efficient utilization by bones and muscles.

Side Effects:

- **Common:**
 - Mild gastrointestinal discomfort (e.g., bloating, constipation, or nausea).
- **Rare (serious):**

- **Hypercalcemia** (symptoms: fatigue, excessive thirst, confusion).
- **Hypercalciuria** (excess calcium in the urine).

Note: This supplement should be used as directed by a healthcare provider, particularly in individuals with chronic medical conditions or those taking other medications. Regular monitoring of calcium levels is advised for long-term use.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for

Precautions:

- 1. Renal Impairment:** Use with caution in patients with kidney stones or chronic kidney disease.
- 2. Hypercalcemia:** Avoid use in patients with hypercalcemia or hyperparathyroidism.
- 3. Drug Interactions:** Avoid taking with medications like bisphosphonates, tetracyclines, or iron supplements within 2 hours to prevent absorption interference.
- 4. Excessive Vitamin D Intake:** Avoid additional high doses of vitamin D supplements unless prescribed.

Drug Interactions:

- **Antacids or Other Calcium Products:** May increase calcium levels, leading to hypercalcemia.
- **Glucocorticoids:** May reduce calcium absorption.
- **Thyroid Hormones or Tetracyclines:** Absorption of these drugs may be reduced when taken with calcium.

Storage:

- **Store in a cool, dry place below 25°C.**
 - **Protect from light and moisture.**
 - **Keep out of reach of children.**
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